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# Prostate

*Conium, Lycopodium, Sabal serrulata, Thuja.*

## Prostate Cancer

CASE  
**59**

A male, 49 years, came for homeopathic treatment of prostate cancer in **January 2005**, immediately following surgery to remove the organ. His Gleason score was 7 ng/ml, PSA was elevated though there were no symptoms, even on physical exam. Pathology: Adenocarcinoma and carcinoma. History of alcoholism and smoking though now sober 20+ years. Sleep is always excellent as is appetite. Loves fish, milk and hot drinks. Temper was boisterous, angry and biased until religion calmed him down, now nicknamed “Prozac Sam” for his calmness and optimism. Loves heights, fears snakes.

### Prescription

- ▶ *Thuja* 200C Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks

Recovering well from the surgery, PSA 2.0 ng/ml, urination is improving but some dribbling and impotence. *Selenium* 30C added to prescription at eight weeks, Split Dose weekly.

Had been taking *Lycopodium* on his own which he preferred to *Selenium*. Still impotent even with allopathic prescriptions. Sinuses are stuffed; discomfort under scrotum. Ejaculates without erection, which is very painful.

### Prescription

- ▶ *Thuja* 1M Plussing odd numbered weeks for 12 weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks for 12 weeks
- ▶ *Selenium* 30C Split Dose one day per week

Four weeks into this prescription, PSA dropped to below 1 ng/ml. Sexual function improving very slightly. Some dribbling with erec-

tions which are still only partial. After eight weeks PSA is down to 0, but he is still impatient about impotence. Switched the *Selenium* to *Lycopodium* 30C, Split Dose weekly.

Says there is now some action from the *Lycopodium*, but not back to normal. Thinks he is completely well in all other areas, but his sitting position is still compromised.

### Prescription

- ▶ *Thuja* 1M Plussing odd numbered weeks for 8 weeks
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 8 weeks
- ▶ *Lycopodium* 30C Split Dose one day per week

Went on holiday and did the best he could with the Plussing. Groin area seems more sensitive – sensations are coming back. Erections are more frequent, easier to obtain and maintain.

### Prescription

- ▶ *Thuja* 10M Plussing odd numbered weeks for 6 months
- ▶ *Carcinosin* 1M Plussing even numbered weeks for 6 months
- ▶ *Lycopodium* 30C Split Dose weekly

At the start of this prescription, still complaining of sexual issues and supplementing with the allopathic prescriptions. Still has some tenderness in his groin but gave up his inflatable cushion. PSA insignificant, way below one. Now one year since beginning the homeopathy he is pleased with the cancer situation but very discouraged in the sexual realm. If aroused, there is dribbling, can still orgasm without erection. Orgasms more intense than before surgery.

- ▶ *Natrum sulphuricum* 6X Dry Doses twice daily added after 16 weeks.
- ▶ At 20 weeks *Lycopodium* is adjusted to 200C Split Dose one day in alternate weeks.

He is happy again, no incontinence or spring allergies. Still using prescriptions for impotence.

**Prescription**

- ▶ *Lycopodium* 200C Split Dose weekly for 4 weeks
- ▶ *Natrum sulphuricum* 6X Dry Doses twice daily

PSA repeated and still lower than 1.

**Prescription**

- ▶ *Lycopodium* 1M Split Dose one day per alternate weeks for 12 weeks
- ▶ *Natrum sulphuricum* 6X Dry Doses twice daily

All continues well.

**Prescription**

- ▶ *Carcinosin* 1M Split Dose one day per alternate weeks for 8 weeks
- ▶ *Natrum sulphuricum* 6X Dry Doses twice daily

PSA continues below 1, still uses a little of the allopathic drugs but can now perform sexually whenever he wants.

**Prescription**

- ▶ *Lycopodium* 1M Split Dose one day per alternate week for 8 weeks, followed by,
- ▶ *Carcinosin* 1M Split Dose one day per alternate week for 8 weeks
- ▶ Repeat the above for another 16 weeks
- ▶ *Natrum sulphuricum* 6X Dry Doses twice daily

During the above regimen his physical exam was all normal, PSA still below 1.

Treatment ended. He reports perfect health in 2014, nine years since the diagnosis.

**CASE  
60**

Male 63 years, reported **January 1996** with MRI showing secondaries in the brain. He was recommended to have radiation which scared him so he came for homeopathy. In 1994 he had surgery for diagnosed prostate cancer Stage 2. He had two confirming symptoms for the remedy selection:

He had intolerable headache with extreme restlessness and had to keep rolling his head in the pillow; incontinence of urine, worse sitting,

better standing, for the last five years. This began before the surgery and continued after the surgery even though he recovered from all other prostate problems. These symptoms pointed strongly toward the medicine selected.

### Prescription

- ▶ *Zincum sulphuricum* 200C Plussing weeks 1 & 3
- ▶ *Carcinosin* 200C Plussing weeks 2 & 4

After one month he reported both headache and incontinence were more than 50 % improved.

- ▶ Weeks 5-8 continued same prescription.

Brain MRI showed distinct reduction in size of lesion.

Months 2-4 continued the same remedies alternating in Plussing Doses.

After four months MRI showed entire deposit cleared and he reported being 90 % symptom-free.

Plussing continued for a full year, then switched to Split Doses alternating monthly for an additional year. In 2014 he remains cancer-free.

## Adenocarcinoma Prostate

CASE  
**61**

Male, 67 years, reported **January 2005** after receiving a diagnosis of adenocarcinoma of the prostate. His PSA was 12.7 ng/ml, Gleason Grade  $\frac{3}{4}$ . CT scan showed the growth and retention of urine in the bladder. He complained of frequent urination, high cholesterol, coronary artery disease with anxiety and depression.

### Prescription

- ▶ *Aurum arsenicum* 200C Plussing odd numbered weeks
- ▶ *Carcinosin* 200C Plussing even numbered weeks

In 6 months the *Aurum arsenicum* was raised to 1M.

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\* *Carcinosin* is used so frequently that there is no need to list every reference to this remedy.

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